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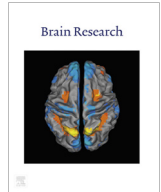
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Research report

Brain activity associated with selective attention, divided attention and distraction

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ABSTRACT

Top-down controlled selective or divided attention to sounds and visual objects, as well as bottom-up triggered attention to auditory and visual distractors, has been widely investigated. However, no study has systematically compared brain activations related to all these types of attention. To this end, we used functional magnetic resonance imaging (fMRI) to measure brain activity in participants performing a tone pitch or a foveal grating orientation discrimination task, or both, distracted by novel sounds not sharing frequencies with the tones or by extrafoveal visual textures. To force focusing of attention to tones or gratings, or both, task difficulty was kept constantly high with an adaptive staircase method. A whole brain analysis of variance (ANOVA) revealed fronto-parietal attention networks for both selective auditory and visual attention. A subsequent conjunction analysis indicated partial overlaps of these networks. However, like some previous studies, the present results also suggest segregation of prefrontal areas involved in the control of auditory and visual attention. The ANOVA also suggested, and another conjunction analysis confirmed, an additional activity enhancement in the left middle frontal gyrus related to divided attention supporting the role of this area in top-down integration of dual task performance. Distractors expectedly disrupted task performance. However, contrary to our expectations, activations specifically related to the distractors were found only in the auditory and visual cortices. This suggests gating of the distractors from further processing perhaps due to strictly focused attention in the current demanding discrimination tasks.

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1. Introduction

Our ability to focus on the task at hand is a key element in efficient information processing (Pashler, 1997). Such selective attention is associated with enhanced activity in the sensory and higher level cerebro-cortical areas receiving and processing the attended input, as well in brain areas involved in control of direction of attention (Corbetta and Shulman, 2002; Näätänen, 1990). However, our attention is easily distracted by novel events or changes in the stimulus environment. Task-irrelevant changes even in an unattended sensory modality easily catch our attention and elicit activity both in the sensory cortical areas of the unattended modality, as well as in frontal and parietal regions involved in involuntary attention to distractors and in their evaluation (Alho et al.,

2015; Corbetta and Shulman, 2002; Deouell and Knight, 2009; Lavie, 2005; Näätänen, 1990; Opitz et al., 2002; Rinne et al., 2005; Salmi et al., 2009).

Studies in the visual modality (e.g., Corbetta and Shulman, 2002) suggest that stimulus-driven attention activates ventral attention areas, such as posterior parts of the inferior and middle temporal gyri (ITG and MTG, respectively), temporoparietal junction (TPJ) and posterior parts of the inferior and medial frontal gyri (IFG and MFG, respectively). Goal-directed or top-down controlled attention, in turn, activates more dorsal attention areas, such as the intraparietal sulcus (IPS), superior parietal lobule (SPL) and frontal eye fields (FEF). However, the distinction between networks for top-down controlled and stimulus-driven attention may not be as clear as originally proposed. Functional magnetic resonance imaging (fMRI) studies on both auditory and visual attention have shown that stimulus-driven and top-down controlled attention may activate overlapping fronto-parietal cortical areas (Alho et al., 2015; Peelen et al., 2004; Salmi et al., 2009; Serences and Yantis, 2007).

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It has been shown, that selective attention to one modality during presentation of asynchronous streams of auditory and visual objects enhances activity in the sensory cortex of the attended modality and, in some cases, decreases activity in the sensory cortex of the unattended modality (Johnson and Zatorre, 2006; Laurienti et al., 2002; Mittag et al., 2013; Salo et al., 2013; Serences et al., 2005; Shomstein and Yantis, 2004). In contrast, when auditory and visual stimuli are delivered synchronously, attention-related activity enhancements are seen even in the sensory cortex of the modality to be ignored (Degerman et al., 2007). This is presumably due to unintentional integration of synchronous auditory and visual events into single objects and “spreading” of attention to the modality to be ignored (see also Busse et al., 2005). Moreover, when attention is intentionally divided between audition and vision, attention-related activity enhancements in the sensory cortices may be lower than during auditory or visual selective attention, due to limited processing resources (Johnson and Zatorre, 2006; Salo et al., 2015). Furthermore, divided attention comprises of several other cognitive processes that recruit cortical areas associated with both ventral and dorsal attention networks. Previous studies have shown, for example, that divided attention is associated with activations in prefrontal cortical areas presumably involved in coordination of dual tasking (Johnson and Zatorre, 2006; Johnson et al., 2007; Moisala et al., 2015; Schubert and Szameitat, 2003; Stelzel et al., 2006; Salo et al., 2015).

Previous studies on attention have mainly focused on auditory or visual modality or on one or two aspects of attention. For example, bottom-up capture of attention by novel distractors has been studied in experimental designs requiring selective attention (e.g., Escera et al., 1998; Rees et al., 2001; Wood et al., 2006), but how distractors affect divided attention is less well known. In addition, the networks of bottom-up triggered and top-down controlled attention are usually compared within either auditory or visual modality (e.g., Peelen et al., 2004; Salmi et al., 2009). Yet, there is evidence suggesting that different subregions in frontoparietal areas might be involved in auditory and visual attention (Alho et al., 2015; Braga et al., 2013; Michalka et al., 2015; Salmi et al., 2007, 2009). Since cross-study comparison of brain activations associated with different aspects of attention is complicated by interindividual variation and differences in experimental procedures, our present fMRI study investigated brain activations associated with selective and divided attention to auditory or visual target stimuli, as well as activations elicited by auditory and visual distractors capturing attention in a bottom-up manner. Thus, our aim was to systematically compare all these aspects of attention in the same experiment, which to our knowledge has not been done in any previous study.

In all conditions of the present study, the participants were presented with synchronous tone-grating pairs, as well as occasional auditory or visual novel distractors (Fig. 1a). In selective and divided attention conditions, the participants performed 1-back tone pitch or grating orientation discrimination tasks separately or simultaneously, respectively (Fig. 1b). On 1/6 of the trials, an auditory novel distractor and on 1/6 of the trials a visual novel distractor concurred with the task relevant stimuli, however, only one distractor could occur at a time. Thus, the distractors occurred either in the attended or unattended modality. The change in tone pitch and grating orientation was controlled with an adaptive staircase method to keep all conditions comparable in terms of task difficulty.

Based on previous studies, we expected to find enhanced activity in the prefrontal and parietal cortex associated with control of attention. In addition, we expected to observe activity enhancements in the sensory cortices of the attended modality during selective attention, and smaller activity enhancements in these areas during divided attention, due to limited processing resources

(Johnson and Zatorre, 2006; Salo et al., 2015). However, due to synchronous presentation of auditory and visual stimuli, we expected that activity enhancements associated with selective attention might spread even to the sensory cortices of the modality to be ignored (cf. Busse et al., 2005; Degerman et al., 2007). We were especially interested to see whether or not auditory and visual selective attention are associated with activity enhancements in the same prefrontal and parietal areas, and whether the left dorso-lateral prefrontal cortex, implicated in controlling dual tasking (Johnson and Zatorre, 2006; Salo et al., 2015), and superior parietal areas, implicated in intermodal attention switching (Shomstein and Yantis, 2004), would show activity enhancements during divided attention. Furthermore, we expected that the novel distractors would be associated with large activation patterns in the sensory cortical areas, as well as in the ventral parietal and frontal areas associated with stimulus-driven attention (Alho et al., 2015; Corbetta and Shulman, 2002; Salmi et al., 2009).

2. Results

2.1. Task performance

To compare discrimination accuracy between different attention conditions, the auditory and visual mean discrimination thresholds (THs) between Attention Modes (selective vs. divided attention) were compared using Bonferroni corrected pairwise comparisons (see 4.4. *Analysis of behavioral data* for details). THs were lower during selective than divided auditory attention $t(14) = -5.607$, $p < 0.001$, and lower during selective than divided visual attention $t(14) = -5.101$, $p < 0.001$ (Fig. 1c).

To compare reaction times (RTs; only correct responses included) between different trial types, a repeated measures analysis of variance (ANOVA) with factors Attention Mode (selective vs. divided), Modality (auditory vs. visual) and Distractor (auditory vs. visual vs. no distractor) was conducted. This ANOVA revealed significant main effects of Attention Mode $F(1,14) = 89.33$, $p < 0.001$, Modality $F(1,14) = 35.48$, $p < 0.001$ and Distractor $F(2,28) = 11.15$, $p < 0.001$ (in all ANOVAs reported here, the degrees of freedom were Greenhouse–Geisser corrected when needed, but the original degrees are reported with the correction term ε and the corrected p ; see 4.4 *Analysis of behavioral data*).

As seen in Fig. 1c, the RTs were longer during divided than selective attention, longer to the tones than gratings, and, in most cases, longer on trials with a distractor than for trials with no distractor. There was also a significant Attention Mode \times Modality interaction $F(1,14) = 5.13$, $p < 0.05$, showing that the RTs to gratings differed more between divided attention and selective visual attention than RTs to tones between divided attention and selective auditory attention (Fig. 1c). The significant Modality \times Distractor interaction $F(2,28) = 15.83$, $p < 0.001$ showed that auditory RTs were prolonged more by auditory (intramodal) than visual (cross-modal) distractors, and analogously, visual RTs were prolonged more by visual (intramodal) than auditory (crossmodal) distractors (Fig. 1c). Finally, Attention Mode \times Modality \times Distractor interaction $F(2,28) = 4.15$, $p < 0.05$ revealed that during divided attention, RTs to tones were prolonged by occurrence of an auditory or visual distractor, whereas RTs to gratings were prolonged by a concurrent visual distractor.

In the control task (where the participants responded by pressing a self-chosen button to all tone-grating pairs), the mean RTs were shorter than during the attention conditions. For control task RTs, a one-way ANOVA indicated significant differences between the trial types $F(2,28) = 10.75$, $p < 0.001$, the RTs being longest for trials with visual distractor (mean \pm SEM: 645 ± 59 ms), intermediate for trials with an auditory distractor

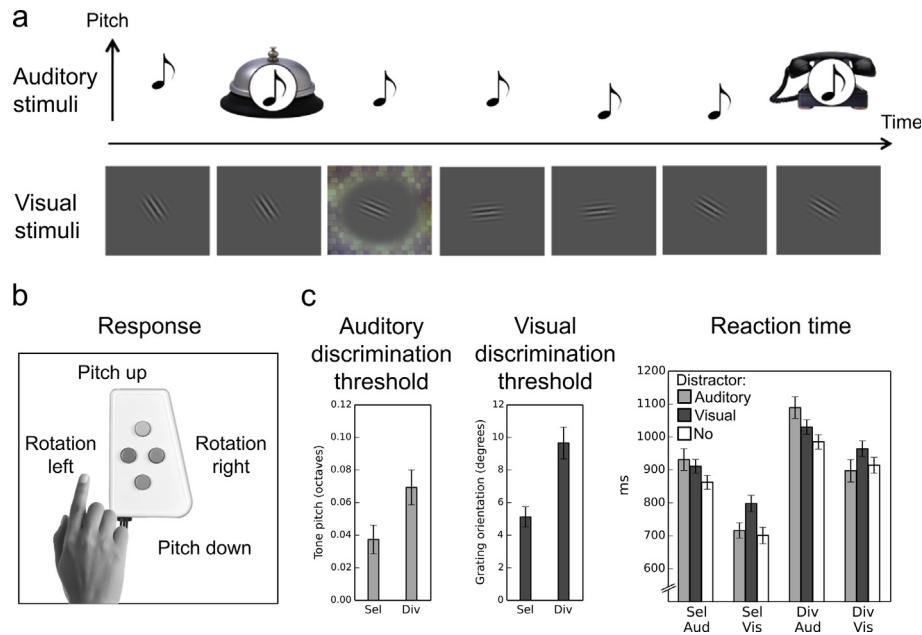


Fig. 1. Experimental design and task performance. a) The participants were presented with a stream of synchronous tones and gratings that varied in their pitch and orientation, respectively. On 1/6 of trials, an auditory novel distractor, and on 1/6 of trials, a visual novel distractor concurred together with the tone-grating pair. The auditory distractors were spectrally complex novel sounds, such as bell rings, and the visual distractors were complex colored textures. b) During selective auditory attention the participants were required to indicate with an appropriate button press whether the tone pitch was higher or lower than on the previous trial. During visual attention, they were required to indicate with an appropriate button press whether the grating had turned clockwise or counterclockwise with respect to the previous trial. During divided attention, they were required to indicate with an appropriate button press, in which modality and to which direction stimulus change with respect to previous trial occurred (during divided attention change was restricted to one modality at a time). In a control task, they were required to respond with any button press to all tone-grating pairs. c) Mean discrimination thresholds for tone frequency and grating orientation during selective (Sel) and divided (Div) attention and mean reaction times (RTs; includes only hit responses) for each trial type during selective and divided attention: selective auditory attention (Sel Aud), selective visual attention (Sel Vis), auditory RTs during divided attention (Div Aud) and visual RTs during divided attention (Div Vis). Error bars indicate SEMs.

(605 ± 59 ms) and lowest for trials with no distractor (589 ± 56 ms).

Taken together, the behavioral results show clear dual task interference, that is, performing two tasks simultaneously both prolonged RTs and reduced discrimination accuracy. Moreover, the prolonged RTs to distracted trials show that the distractors indeed caught the participants' attention in a bottom-up manner, especially when a distractor occurred in the attended modality.

2.2. Brain activity related to auditory and visual attention

We had a total of 12 trial types in the experiment, defined by attention condition (selective auditory attention, selective visual attention, divided attention, control) and the type or presence of distractor (auditory distractor, visual distractor, no distractor). Differences in brain activity during different attention conditions were analysed using a whole brain $2 \times 2 \times 3$ repeated measures ANOVA with factors Auditory Attention (auditory attention "on", auditory attention "off"), Visual Attention (visual attention "on", visual attention "off") and Distractor (auditory distractor, visual distractor, distractor "off"; see 4.6. Analysis of the fMRI data for further details). Thus, the factor Auditory Attention included selective auditory attention and divided attention conditions, factor Visual Attention included the visual attention and divided attention conditions, and the factor Distractor had three levels, namely, auditory distractor, visual distractor or no distractor.

As seen in Fig. 2, the whole brain ANOVA revealed significant $F(1,154) > 11.25$, voxel-wise $p < 0.001$ main effects of Auditory Attention and Visual Attention. The main effect of Auditory Attention was seen in the activity of IFG and MFG and in inferior parietal areas bilaterally, and in the left hemisphere superior/middle temporal gyrus (STG/MTG), posterior planum temporale, precentral

gyrus and SPL (Fig. 2a, Table 1). The main effect of Visual Attention was seen in the activity bilaterally in the posterior superior frontal gyrus (SFG)/FEF, precentral gyrus and SPL, superior lateral occipital cortex and in the left IFG (Fig. 2b, Table 1). A conjunction analysis of Auditory Attention and Visual Attention revealed significant activity (voxel-wise height threshold $t = 3.79$, cluster-level p (FWE) < 0.05 , cluster size > 50) bilaterally in the precentral gyrus and SPL, extending to superior lateral occipital cortices (Fig. 2c, Table 2; for details of the conjunction analysis, see 4.6. Analysis of the fMRI data). In the medial areas, conjunction of Auditory and Visual Attention was associated with significant activity in the posterior SFG.

In short, the results suggest different brain networks for auditory and visual attention. Specifically, different frontal areas were activated during auditory and visual attention, while in parietal areas the activations were partly overlapping. In addition, both Auditory and Visual Attention were associated with enhanced activity in partly overlapping precentral areas, presumably due to different motor responses given to auditory and visual tasks.

2.3. Brain activity related to interaction of auditory and visual attention and divided attention

The whole brain ANOVA revealed also significant interactions $F(1,154) > 11.25$, voxel-wise $p < 0.001$, cluster-level p (uncorrected) < 0.05 of Auditory and Visual Attention (see 4.6. Analysis of the fMRI data for details) in the left MFG, in the left lateral SPL and in a bilateral medial SPL area extending to superior occipital cortices and in the right ventromedial prefrontal cortex (VMPC) and anterior paracingulate gyrus (Fig. 3a, Table 1; note that the MFG interaction did not survive cluster level p (FWE) < 0.05 correction).

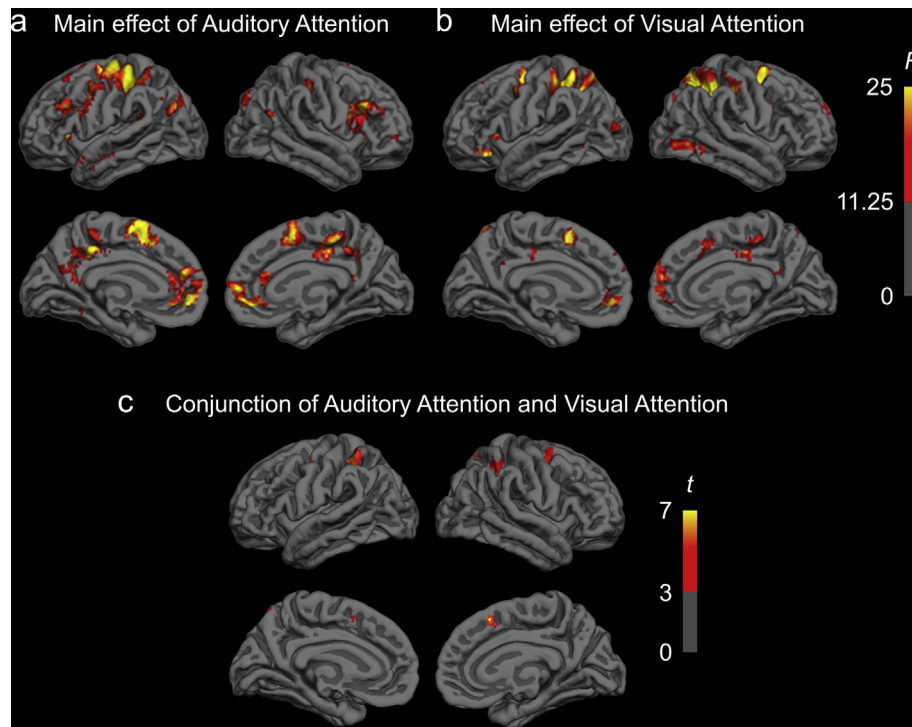


Fig. 2. Activity related to auditory and visual attention. Significant ($F = 11.25$, voxel-wise $p < 0.001$, cluster size > 50) main effects of a) Auditory Attention and b) Visual Attention from a repeated measures ANOVA with factors Auditory Attention, Visual Attention and Distractor. c) Areas showing significant activity (voxel-wise height threshold $t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) associated with both Auditory Attention and Visual Attention according to conjunction analysis.

Additional post-hoc tests were conducted in the four clusters of voxels showing a significant Auditory Attention \times Visual Attention interaction to reveal differences between the conditions contributing to the interaction. For these post-hoc tests, in each voxel cluster the mean percent signal changes in each condition in relation to a baseline period (i.e., stimulus-free periods within and between the tasks blocks; for more details, see 4.6. *Analysis of the fMRI data*) was calculated. Then differences in these signal changes between the tasks (i.e., selective auditory attention, selective visual attention, divided attention and control task) were tested with Bonferroni corrected pairwise comparisons (see 4.7. *Post-hoc and region of interest analysis* for further details). These post-hoc tests indicated significant differences between the conditions only in two of these voxel clusters, namely, in the left MFG and right VMPC. In the left MFG, the mean percent signal change was significantly lower during selective auditory attention than during divided attention $t(14) = -4.729$, $p < 0.001$, and significantly lower during selective visual attention than during divided attention $t(14) = -5.104$, $p < 0.001$ (Fig. 3b). For the right VMPC, the mean percent signal change was significantly higher during selective visual attention than during divided attention $t(14) = 3.36$, $p < 0.05$. The activity tended to be higher during selective auditory attention than during divided attention, but this difference did not reach significance, $t(14) = 2.815$, $p < 0.084$. The lower activity in the right VMPC during divided attention in relation to other tasks could imply that the current VMPC activity reflected the functioning of a default mode network (e.g., Fox et al., 2005).

The activity in the left medial/lateral SPL area was lower during the tasks than during the baseline. The highest activity was observed for the control task, and the lowest activity for auditory and visual selective attention, but according to post-hoc tests the differences between the conditions were non-significant. In the right medial SPL, the highest activity was observed for divided attention and the lowest activity for the auditory and visual

selective attention, but again the differences between the conditions were non-significant.

To study further brain activity related to divided attention, we separately contrasted brain activity during divided attention with activity during selective auditory attention and activity during selective visual attention. These contrasts were then subjected to conjunction analysis to reveal significant activity enhancements related specifically to divided attention (see 4.6. *Analysis of the fMRI data*). As seen in Fig. 4 (see also Table 2), these analyses revealed that activity was significantly higher (voxel-wise height threshold $t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) during divided attention than during both auditory and visual selective attention in the left MFG, precentral gyrus (not visible in Fig. 4) and supplementary motor cortex.

2.4. Brain activity related to distractors

The whole brain ANOVA showed also significant main effects of Distractor $F(1,154) > 11.25$, voxel-wise $p < 0.001$) bilaterally in the auditory and visual cortices (Table 1). There were no significant interactions between Distractor and the other factors. Since the main effects of Distractor were likely to be modality specific and due to auditory and visual distractors, respectively, direct auditory distractor vs. no distractor and visual distractor vs. no distractor contrasts were conducted. As seen in Fig. 5, significant (voxel-wise height threshold $t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) activity enhancements associated with auditory (Fig. 5a) and visual (Fig. 5b) distractors in comparison with trials with no distractor showed large activation patterns in the auditory and visual sensory cortices, respectively (Table 2).

Separate auditory and visual localizer data were used to define ROIs in the auditory and visual cortex, respectively (see 4.7. *Post-hoc and region of interest analysis*). The mean percent signal changes in these ROIs during all 12 trial types in relation

Table 1

Main effects of Auditory Attention, Visual Attention and Distractor, and interaction of Auditory and Visual Attention. MNI coordinates and *F*-value global maxima within activation clusters of significant ($F = 11.25$, cluster-level $p(\text{uncorr.}) < 0.05$, cluster size > 50) activations. Note that all but two activation clusters (with bold) survive $p(\text{FWE}) < 0.05$ correction. The brain areas are labelled according to Harvard-Oxford Cortical Structural Atlas and Cerebellar Atlas in MNI152 space.

Brain region		F-value	p uncorr.	CLUSTER-level p(FWE)	Cluster size	MNI coordinates		
						x	y	z
Main effect of Auditory Attention								
Left	Precentral gyrus	79.64	0.000	0.000	6661	−24	−12	60
Left	Paracingulate gyrus	51.71	0.000	0.000	2689	−6	52	−4
Right	Posterior cingulate gyrus	40.56	0.000	0.000	2436	8	−20	44
Right	Cerebellum, VI	38.45	0.000	0.000	894	32	−46	−28
Left	Posterior middle temporal gyrus	36.03	0.000	0.000	378	−60	−12	−14
Left	Superior lateral occipital cortex	35.63	0.000	0.000	1012	−46	−76	32
Right	Pars opercularis	34.17	0.000	0.000	2034	48	20	26
Left	Insular cortex	32.25	0.000	0.000	418	−30	24	4
Right	Parietal operculum cortex	31.29	0.003	0.061	90	42	−22	24
Left	Lingual gyrus	29.29	0.000	0.001	188	−28	−42	−10
Left	Middle frontal gyrus	28.54	0.000	0.000	294	−32	28	56
Right	Superior lateral occipital cortex	23.67	0.000	0.000	308	32	−78	50
Main effect of Visual Attention								
Left	Superior frontal gyrus	80.58	0.000	0.000	767	−24	−8	56
Left	Superior parietal lobule	57.36	0.000	0.000	2113	−36	−44	56
Right	Middle frontal gyrus	55.86	0.000	0.000	905	28	0	52
Left	Paracingulate gyrus	51.96	0.000	0.000	488	−8	12	52
Right	Superior lateral occipital cortex	51.26	0.000	0.000	2646	20	−64	58
Right	Precentral gyrus	50.95	0.000	0.000	622	44	4	30
Left	Paracingulate gyrus	35.09	0.000	0.000	1288	−8	44	−6
Right	Cerebellum, VI	30.53	0.000	0.000	302	32	−58	−30
Left	Frontal orbital cortex	30.43	0.002	0.038	101	−40	30	−12
Right	Posterior inferior temporal gyrus	26.88	0.000	0.000	601	48	−52	−10
Left	Insular cortex	26.83	0.001	0.012	131	−30	20	4
Left	Cerebellum, Crus I	23.80	0.001	0.018	120	−40	−68	−30
Left	Cerebellum, VI	22.49	0.001	0.015	125	−8	−74	−26
Main effect of Distractor								
Right	Lingual gyrus	224.67	0.000	0.000	19,966	10	−74	−6
Right	Planum temporale	89.33	0.000	0.000	4647	56	−24	12
Left	Planum temporale	72.47	0.000	0.000	4136	−54	−26	8
Left	Pars triangularis	14.95	0.000	0.004	139	−40	28	14
Right	Precentral gyrus	13.99	0.000	0.000	303	34	10	28
	Paracingulate gyrus	10.61	0.000	0.006	133	0	42	38
Interaction of Auditory and Visual Attention								
Left	Superior lateral occipital cortex	33.76	0.000	0.000	1233	−20	−76	54
Right	Superior lateral occipital cortex	20.10	0.003	0.058	91	28	−76	56
Left	Middle frontal gyrus	19.16	0.017	0.317	52	−40	18	30
Right	Paracingulate gyrus	18.98	0.001	0.023	1113	8	48	14

to a baseline period are shown in Fig. 6. For the auditory cortex, an ANOVA with factors Auditory Attention, Visual Attention and Distractor revealed only a main effect of Distractor $F(2,28) = 39.05$, $p < 0.001$. As seen in Fig. 6, the activity in the auditory cortex was significantly higher for trials with an auditory distractor than for trials with no distractor and trials with visual distractor. A similar ANOVA for the visual cortex revealed also only a main effect of Distractor $F(2,28) = 41.85$, $p < 0.001$, the activity being higher for trials with a visual distractor than for trials with no distractor or for trials with an auditory distractor (Fig. 6). Thus both auditory and visual distractors elicited significant activity enhancements in the respective modality-specific cortical areas.

Post-hoc tests between no distractor trials during auditory selective attention, visual selective attention, divided attention and control tasks indicated no significant activity differences in the auditory cortex. In the visual cortex, the activity was significantly higher during selective visual attention than during selective auditory attention $t(14) = 3.479$, $p < 0.01$, divided attention $t(14) = 3.887$, $p < 0.01$, and control task $t(14) = 3.041$, $p < 0.01$.

3. Discussion

3.1. Auditory and visual attention

Auditory attention was associated with bilateral activity in IFG/MFG implicated in top-down controlled, goal-directed auditory attention also in previous studies (e.g., Alain et al., 2008; Alho et al., 2015; Degerman et al., 2006; Salmi et al., 2007; Salo et al., 2013). In addition, auditory attention was associated with activity in the left temporal areas and bilateral IPL, presumably due to auditory processing (e.g., Alain et al., 2001; Arnott et al., 2004; Arnott and Alain, 2011; Bushara et al., 1999; Salo et al., 2013; Warren and Griffiths, 2003; Weeks et al., 1999).

Visual attention to spatial orientation of the gratings was associated with widespread activity in SPL, bilaterally. The activity in SPL has previously been associated with goal-directed, top-down controlled visual attention and spatial processing (Bushara et al., 1999; Corbetta and Shulman, 2002; Corbetta et al., 1993; Giesbrecht et al., 2003; Le et al., 1998; Salmi et al., 2007; Salo et al., 2013; Yantis et al., 2002). In addition, visual attention was

Table 2

Activity during auditory and visual attention as revealed by conjunction analysis, activity during divided attention in relation to selective auditory and visual attention and activity related to auditory and visual distractors, respectively. MNI coordinates and t -value global maxima within activation clusters of significant ($t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) activations. The brain areas are labelled according to Harvard-Oxford Cortical Structural Atlas and Cerebellar Atlas in MNI152 space.

Brain region		t-value	Cluster-level p(FWE)	Cluster size	MNI coordinates		
					x	y	z
Conjunction of Auditory Attention vs. No Auditory Attention and Visual Attention vs. No Visual Attention							
Right	Superior frontal gyrus	9.07	0.001	122	8	20	52
Right	Precentral gyrus	7.05	0.000	200	28	2	46
Right	Precentral gyrus	6.43	0.000	285	52	6	34
Left	Precentral gyrus	6.42	0.000	159	−28	−16	50
Right	Superior parietal lobule	6.23	0.000	159	28	−48	42
Left	Superior parietal lobule	5.99	0.000	314	−34	−44	54
Left	Cerebellum, VI	5.98	0.016	83	−32	−64	−26
Right	Superior lateral occipital cortex	5.46	0.001	122	30	−76	26
Right	Superior lateral occipital cortex	5.32	0.000	145	16	−68	58
Right	Cerebellum, VI	5.32	0.003	109	32	−60	−30
Left	Superior lateral occipital cortex	4.72	0.078	60	−8	−68	60
Conjunction of Divided Attention vs. Auditory Selective Attention and Divided Attention vs. Visual Selective Attention							
Left	Middle frontal gyrus	6.52	0.003	100	−44	18	36
Left	Superior frontal gyrus	6.46	0.000	133	−8	10	56
Auditory distractor vs. No distractor							
Right	Planum polare	8.71	0.000	2641	54	−6	−4
Left	Posterior superior temporal gyrus	7.66	0.000	2521	−58	−38	10
Right	Frontal pole	7.61	0.032	75	18	36	26
Visual distractor vs. No distractor							
Right	Posterior parahippocampal gyrus	13.88	0.000	16,341	28	−36	−14
Right	Frontal pole	5.51	0.012	97	2	56	22

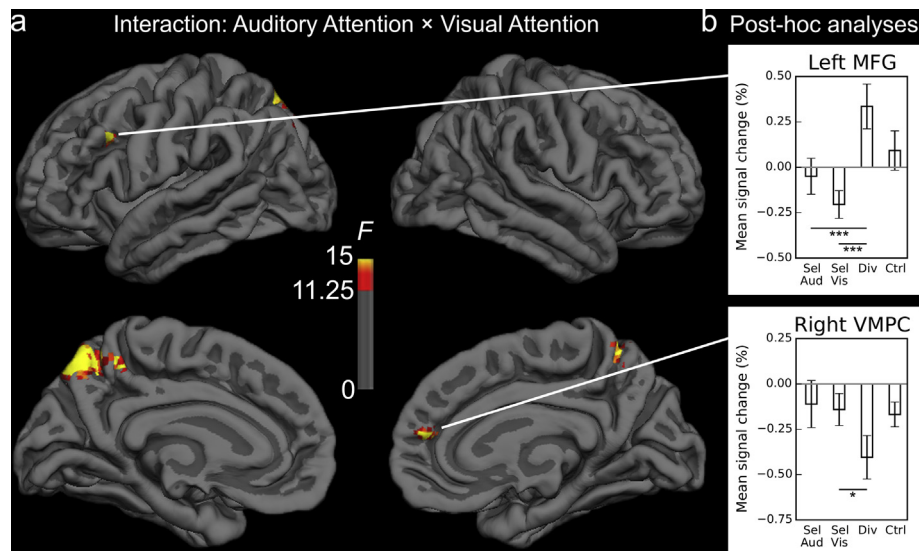


Fig. 3. Activity related to interaction of auditory and visual attention. a) Voxels showing significant ($F = 11.25$, voxel-wise $p < 0.001$, cluster size > 50) Auditory Attention \times Visual Attention interaction in a repeated measures ANOVA. Note that the left MFG activity does not survive cluster level $p(\text{FWE}) < 0.05$ correction (see Table 1 for details). b) Mean percent signal changes during different tasks in relation to a baseline period in the left MFG and right VMPC areas, selective auditory attention (Sel Aud), selective visual attention (Sel Vis), divided attention (Div), and the Control task (Ctrl). Error bars indicate SEMs. Conditions differing significantly from each other are indicated with asterisks (* $p < 0.05$, *** $p < 0.001$).

associated with bilateral activity in the occipital cortex likely due to attention towards task relevant visual features (Corbetta et al., 1990; Heinze et al., 1994; Kastner and Ungerleider, 2000; Reynolds and Chelazzi, 2004; Schwartz et al., 2005).

Incongruently with our previous study (Salo et al., 2013), we did not observe markedly enhanced activity in the auditory and visual cortices during selective auditory and visual attention, respectively. However, there were some activity differences in the audi-

tory and visual cortex ROIs between selective auditory and selective visual attention even for trials with no distractors (the white bars in Fig. 6). The additional post-hoc tests indicated that for trials with no distractors, the activity in the visual cortex was significantly higher during selective visual attention than during selective auditory attention, while the opposite difference was not significant in the auditory cortex. The lack of marked effects of selective attention in sensory cortices was not, however,

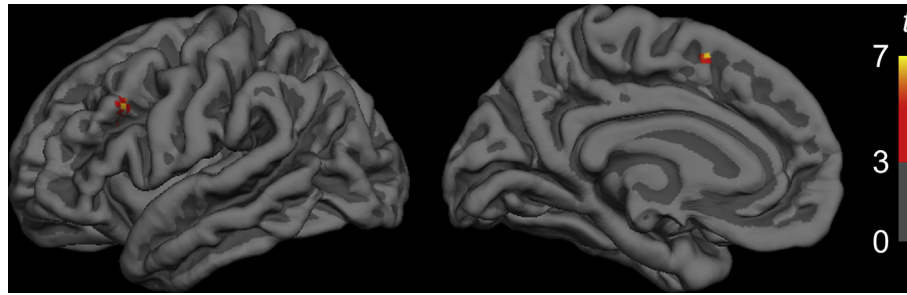


Fig. 4. Activity in brain areas that according to a conjunction analysis showed significant (voxel-wise height threshold $t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) activity enhancements during divided attention in relation to *both* auditory selective attention *and* visual selective attention.

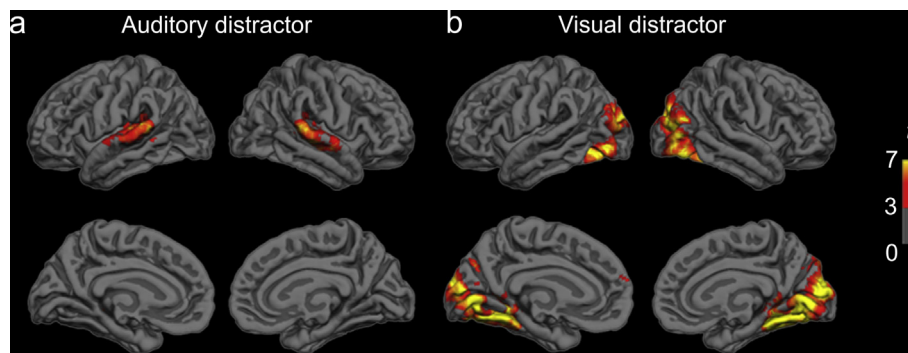


Fig. 5. Brain activity associated with auditory and visual distractors. Areas showing significant (voxel-wise height threshold $t = 3.79$, cluster-level $p(\text{FWE}) < 0.05$, cluster size > 50) activity enhancements for trials with a) an auditory distractor or b) a visual distractor in relation to trials with no distractor (data combined across all task conditions).

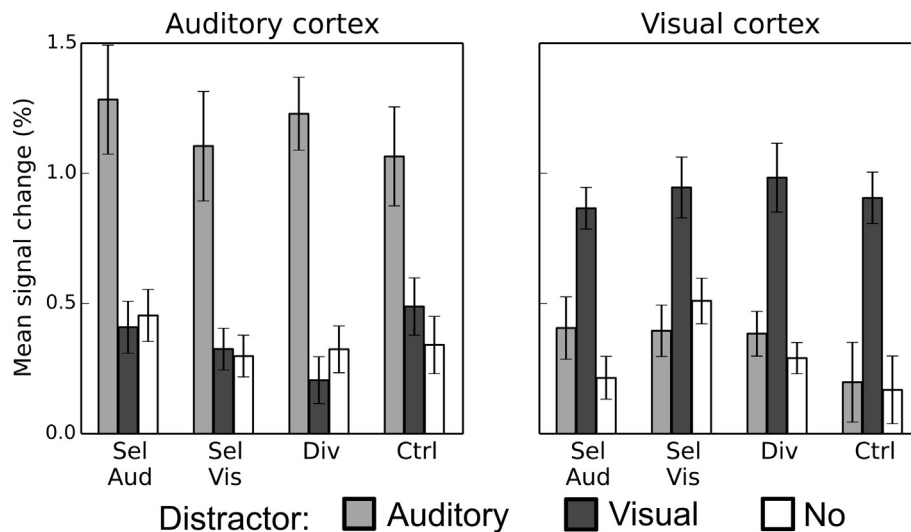


Fig. 6. Mean percent signal changes in the auditory and visual cortex regions of interest (ROIs) for different trial types in relation to a baseline period during selective auditory attention (Sel Aud), selective visual attention (Sel Vis), divided attention (Div) and the Control task (Ctrl). Error bars indicate SEMs.

unexpected. Since the tones and gratings were delivered synchronously, it is possible that they were perceptually bound into audiovisual objects leading to attention-related activity enhancements in both sensory cortices during selective attention (Busse et al., 2005; Degerman et al., 2007). Alternatively, even without audiovisual binding, due to synchronous auditory and visual stimulation, attention-related activity enhancements might have spread unintentionally to the modality to be ignored. Finally, it is also possible, that the slow stimulus presentation rate resulted in

attenuated effects of selective attention in the sensory areas (Ozuz et al., 2001; Rinne et al., 2005).

According to conjunction analysis, both auditory and visual attention were associated with bilateral activity enhancements in the SPL, previously implicated in visual attention and spatial processing (e.g., Corbetta and Shulman, 2002; Salo et al., 2013; Yantis et al., 2002) as already discussed above, but also in supramodal top-down controlled orienting of attention (e.g., Corbetta and Shulman, 2002; Salmi et al., 2007; Shomstein and Yantis,

2004). The fact that SPL activity was enhanced both during selective attention to the spatial orientation of gratings and during selective attention to a non-spatial feature of the tones (i.e., their pitch), suggests frequent orienting of attention during both auditory and visual selective attention tasks perhaps due to the slow presentation rate of tone-grating pairs complicating constant maintenance of attention on the current tasks. Conjunction analysis indicated also bilateral activity in the precentral areas and cerebellum and in posterior parts of the superior frontal gyri for both auditory and visual attention. These activations were presumably related to selection and execution of the motor responses (Le et al., 1998; Meier et al., 2008; note that the simple reaction time task in the control condition did not require response selection).

3.2. Divided attention

As expected, we observed increments in auditory and visual discrimination thresholds and reaction times during divided attention in comparison with selective attention indicating that the divided attention task was more demanding than either of the selective attention tasks. The whole brain ANOVA revealed a significant interaction of Auditory and Visual Attention in the left MFG, implicated in divided attention (Corbetta and Shulman, 2002; Johnson et al., 2007; Johnson and Zatorre, 2006; Moisa et al., 2015; Salo et al., 2015; Schubert and Szameitat, 2003; Stelzel et al., 2006).

Moreover, the post-hoc analyses in the left MFG area showed that activity was significantly higher during divided attention than during the selective attention tasks in the left MFG. However, the interaction in the MFG area did not survive cluster level $p(\text{FWE}) < 0.05$ correction. Furthermore, it should be noted that the present interaction of Auditory Attention and Visual Attention is not analogous to divided attention as also activity during the Control task may have contributed to this interaction. Therefore, direct contrasts between divided attention vs. selective auditory attention and divided attention vs. selective visual attention were subjected to a conjunction analysis to reveal activity specifically associated with divided attention (Salo et al., 2015). This analysis revealed a significant activity enhancement associated with divided attention in the same left MFG area that showed significant Auditory Attention \times Visual Attention interaction. Nevertheless, one might ask, whether this area is involved in supramodal processing rather than divided attention. However, the conjunction analysis for the factors Auditory Attention and Visual Attention revealed no conjunction of activations in this area. This suggests that with regard to attention, this MFG area is involved in cognitive processes needed specifically during divided attention (Corbetta and Shulman, 2002; Johnson et al., 2007; Johnson and Zatorre, 2006; Moisa et al., 2015; Salo et al., 2015; Schubert and Szameitat, 2003; Stelzel et al., 2006).

The interaction of Auditory Attention and Visual Attention was also associated with activity in the right VMPC, in the same area that was activated by Auditory Attention and Visual Attention separately. Previous studies have connected the VMPC with the default mode network, activated during rest and deactivated during goal-directed tasks (e.g., Fox et al., 2005; Simpson et al., 2001; McKiernan et al., 2003). In addition, during goal-directed tasks, the VMPC activity has been shown to decrease with increasing task difficulty (Simpson et al., 2001; McKiernan et al., 2003). Similarly, in the current study, the ROI analysis showed that in the right VMPC, activity was lower during divided attention than during the other tasks, albeit only the difference between divided attention and visual selective attention was significant. The VMPC and adjacent areas have also been implicated in processing of distracting stimuli (Corbetta and Shulman, 2002; Corbetta et al., 2008; Salmi et al., 2009; Salo et al., 2015). Yet, in the current study, we found no significant VMPC activity related to distractors. Thus,

the current VMPC activity might be best explained by deactivation of the default mode network during the goal-directed tasks.

It should be noted that during divided attention the task-relevant change could occur only in one modality at a time. Thus, the participants might have ceased to process the stimulus in one modality after noticing a target change in the other modality. However, this would have decreased, rather than increased, activity related to divided attention. In addition, due to the continuously controlled task difficulty, the discrimination tasks in both modalities were performed at the threshold. Therefore, the participants were likely forced to process the stimuli of both modalities on every trial.

3.3. Brain activity related to distractors

Prolonged reaction times on distracted trials indicated, as expected, that the distractors indeed caught participants' attention. Previous studies have suggested that such stimulus-driven attention is associated with enhanced activity in the inferior parietal and frontal cortices (e.g., Alho et al., 2015; Corbetta and Shulman, 2002). However, when auditory and visual novel distractors are presented simultaneously with task relevant stimuli, their effects on brain activity are mostly found in and near the auditory and visual cortices, respectively.

The enhanced activity elicited in the auditory and visual cortices by trials with auditory and visual distractors, respectively, is presumably due to activation of new afferent elements, as well as preattentive change detection processes in these cortical areas typically activated by infrequent "oddball" stimuli occurring among repetitive "standard" stimuli (see, e.g., Alho et al., 2014; Kimura et al., 2011; Näätänen et al., 2007). However, it was unexpected that significant activity enhancements were not observed in frontal and parietal areas for the distractors that, according to prolonged reaction times, caught involuntary attention in a bottom-up manner (cf. Alho et al., 2015; Corbetta and Shulman, 2002; Opitz et al., 2002; Salmi et al., 2009). Perhaps strictly focused attention to the target events due to the demanding discrimination tasks performed at the threshold prevented further fronto-parietal processing of the distractors (cf. Lavie, 2005). It should be noted, however, that in the present study, the auditory distractors included only frequencies outside the attended frequency range of tones and the visual distractors occurred outside the attended foveal location. Therefore rejection of these distractors from further processing may have been easier than rejection of distractors sharing the attended frequency range or spatial location.

3.4. Conclusions

The present study investigated the effects of different attention modes (selective or divided), attended modality (auditory or visual) and distractors (auditory or visual) in the same experiment, not done previously. In addition, unlike in many previous related studies, the task difficulty during different attention conditions was controlled.

First, the present results indicate that both auditory and visual selective attention are associated activity enhancements in frontal and parietal cortical areas presumably involved in top-down control of attention, and perhaps also further processing of attended stimuli (e.g., Salo et al., 2013). However, the activations associated with auditory and visual selective attention were observed largely in different frontal areas, while the parietal activations overlapped significantly. In accordance with previous studies, this suggests that different subregions in frontal areas, but partly overlapping parietal regions are activated during goal-directed auditory and visual attention (Michalka et al., 2015; Salmi et al., 2007).

Second, an activity enhancement specifically associated with divided attention was observed in the left MFG in accordance with previous studies suggesting participation of this area in top-down control of division of attention between audition and vision or integration of performance in auditory and visual tasks during dual tasking (Johnson and Zatorre, 2006; Salo et al., 2015).

Third, the auditory and visual distractors elicited activity enhancements only in the auditory and visual cortex, respectively. This was presumably due to strictly focused attention to the near-threshold target events, which may have prevented further frontoparietal processing of the distractors that occurred outside this focus (i.e., outside the frequency range of target tones and the spatial location of target gratings).

4. Experimental Procedure

4.1. Participants

Participants (N = 15, 8 female) were native Finnish speakers, between 19 and 37 years of age (mean 26 years). All participants were right handed, had normal hearing, normal or corrected-to-normal vision, and no history of psychiatric or neurological illnesses (all self reported). An informed written consent was obtained from each participant before the experiment. The experimental protocol was approved by the Ethical Review Board in the Humanities and Social and Behavioural Sciences, University of Helsinki. All participants had participated in a previous EEG study, during which similar tasks were performed. Thus, the participants were well trained to perform the experimental tasks.

4.2. Stimuli

The participants were presented with synchronous sinewave tones and sinewave gratings. In addition, on some trials an auditory or visual novel distractor concurred with the task relevant stimuli. All stimuli had a duration of 300 ms.

The frequency of sinewave tones varied between 600 and 1800 Hz in steps depending on task performance (see 4.3. Procedure). The auditory distractors were spectrally complex novel sounds, such as rising scales of beeps, car honks etc. They were high- and low-pass filtered with cut-offs at 200 and 7000 Hz, respectively. In addition, to avoid acoustic masking of the tones, the novel sounds were notch-filtered at 1000 Hz with a two octave wide filter. The sinewave tones and distractors had 10 ms rise and fall times. The sounds were filtered with Audacity® audio editor (version 2.0.6, <http://www.audacityteam.org>). The maximum intensity of all sounds was 80 dB SPL.

The grayscale sinewave gratings varied in orientation between 0 and 360° in steps depending on task performance (see 4.3. Procedure). The radius of the circular grating was 1.5° and the grating had a spatial frequency of 2 c/deg. The visual distractors were complex colored textures subtending 16° × 24° around the grating. The root-mean-square contrast (standard deviation of luminance divided by mean luminance) of the textures was 0.3. A circular 6° area was cut off from center of textures to avoid overlapping with the sinewave gratings.

To study activity in the sensory cortices, separate auditory and visual functional localizers were presented. The auditory functional localizer was a 2000 ms stream of twenty 100 ms sinewave tones (including 10 ms rise and fall times of each tone), delivered at an intensity of 80 dB SPL, with its frequency varying randomly between 600 and 1800 Hz. The visual functional localizer was a circular checkerboard (diameter 3°) flickering at 8 Hz for 2000 ms at the center of the screen.

The sounds were delivered binaurally using Sensimetrics S14 insert earphones (Sensimetrics Corporation, Malden, MA, USA). Noise from the scanner was attenuated by the earplugs and viscoelastic mattresses inside and around the headcoil and under the participant. The visual stimuli were presented on a gray background and projected to a mirror fixed to the head coil.

4.3. Procedure

Task relevant stimuli were sinewave tones and sinewave gratings presented synchronously. The stimulus pairs had a constant onset-to-onset interval of 1800 ms. In addition, on 1/6 of trials, a task-irrelevant auditory novel distractor and on 1/6 of trials, a task-irrelevant visual novel distractor concurred with the task-relevant stimuli, however, only one distractor could occur at a time. Each novel distractor was used only once during the experiment.

The experiment consisted of 1-back auditory and visual discrimination tasks involving a stream of synchronous tones and gratings (Fig. 1a). The auditory discrimination task was to indicate by a right hand button press whether the pitch of a sinewave tone was higher or lower than the preceding sinewave tone by pressing an up or down button, respectively (Fig. 1b). The visual discrimination task was to indicate by a right hand button press whether the orientation of the grating rotated clockwise or counterclockwise in comparison with the preceding grating by pressing a right or left button, respectively. During divided attention, the participants were required to indicate, with the same four buttons, in which modality and to which direction the change occurred. There was also a control condition, during which the participants were asked to press any response button to all tone-grating pairs. During divided attention and control tasks change in tones and gratings was restrained to occur only in one modality, while during selective attention a change could occur also in the unattended modality.

The difficulty of discrimination tasks was maintained approximately constant by keeping the rate of correct responses at 70.7% with an adaptive staircase method based on trials without distractors. The initial change in pitch and orientation was 0.1 octaves and 15°, respectively. The amount of pitch and orientation change was increased after an incorrect response and decreased after two subsequent correct responses by 0.01 octaves or 3°, respectively. The maximum change between consecutive trials was limited to 0.5 octaves and 90°.

The experiment was conducted in three functional runs. Each run contained one block of each task in random order. A block consisted of 60 trials, of which 10 trials included an auditory distractor and 10 trials a visual distractor. (In addition, each run contained blocks of unimodal auditory and visual trials. To form a balanced whole brain analysis of variance, the unimodal trials, including distractors only in one modality, were excluded from the present analysis.) A written task instruction was presented on the screen for 2 s before the onset of each block and after each block a written feedback was given for 3 s. All instructions and feedbacks consisted of one line of text. The instructions were “Do the Auditory/ Visual/ Control task” or “Do the Auditory and Visual tasks” and the feedback was either “You are doing well. Keep up the good work” (over 50% hit rate) or “You made some errors. Try to concentrate more” (50% hit rate or lower). The instructions and feedback were in Finnish. In addition to instructions and feedback, there were short, stimulus-free breaks within and after each block (25 s in total per block). During the stimulus-free periods, no experimental stimuli were presented and participants waited for the experiment to continue. The tones and gratings were created, and stimulus timing and randomization was controlled with the Presentation software (version 14.9, Neurobehavioral Systems, Berkeley, CA, USA).

After the actual experiment, 2 blocks with the auditory localizer stimuli and 2 blocks with visual localizer stimuli were delivered. The participants were instructed to fixate their gaze at the center of the screen without any task instruction. The localizer stimuli were presented for 2000 ms, followed by a 500 ms silent period with no stimuli. Each localizer stimulus was presented 10 times within a block. The total duration of each block was 25 s. The blocks were delivered in random order.

4.4. Analysis of behavioral data

The discrimination thresholds for pitch and orientation in selective and divided attention conditions were calculated by averaging reversal points (the first two reversal points were excluded; see 4.3. *Procedure* for more details). Statistical significance of differences in auditory and visual mean THs between the different Attention Modes (selective vs. divided attention) were tested with Bonferroni corrected pairwise comparisons.

The mean reaction times (RTs) of hits, determined as correct responses given 300–1800 ms after target stimulus onset, were calculated separately within each task for trials with auditory, visual or no distractor. Hit RTs were analysed using a $2 \times 2 \times 3$ repeated measures ANOVA with factors Attention Mode (selective vs. divided), Modality (auditory vs. visual) and Distractor (auditory vs. visual vs. no distractor). In the ANOVAs, the degrees of freedom were Greenhouse–Geisser corrected when needed. However, the original degrees of freedom will be reported below together with the corrected *p*-value. The reported correction term ϵ implicates corrections.

4.5. fMRI data acquisition and initial analysis

Functional brain imaging was carried out with a 3.0 T MAGNETOM Skyra whole body scanner (Siemens Healthcare, Erlangen, Germany) using a 30 channel head coil. The functional gradient-echo echo planar images (EPI) were acquired with an imaging area consisting of 33 oblique axial slices (TR 1900 ms, TE 32 ms, flip angle 75°, voxel matrix 64×64 , field of view 20 cm, slice thickness 3.0 mm, between slice gap 1 mm, in-plane resolution $3.1 \text{ mm} \times 3.1 \text{ mm} \times 3.0 \text{ mm}$). Jittered image acquisition was used (i.e., stimulus presentation and data acquisition were not time locked).

The functional scanning was divided in three 12 min task runs resulting in 3×383 functional volumes. A high-resolution anatomical images (voxel matrix $176 \times 256 \times 256$, in-plane resolution $1 \text{ mm} \times 1 \text{ mm} \times 1 \text{ mm}$) were acquired after two functional runs to offer the participants a short break from the task. Finally, at the end of the session, a functional auditory localizer and visual localizer of 40 volumes each were acquired from 13 participants (in two participants, no localizer data could be collected because this would have exceeded the scanning time limit in these participants). Between the runs there were short breaks during which participants remained in the scanner and were instructed not to move their heads.

4.6. Analysis of the fMRI data

The data were analysed with Statistical Parametric Mapping (SPM12) toolbox (Wellcome Department of Cognitive Neurology, London, UK) and with custom Matlab scripts. In order to allow for initial stabilization of the fMRI signal, the first four volumes of each run were excluded from analysis. The data were motion corrected, spatially smoothed (Gaussian kernel of 6 mm full-width half-maximum), high-pass filtered (cutoff 1/128 Hz), and then transformed into a standard space (MNI152; Montreal

Neurological Institute). The hemodynamic response was modeled using canonical hemodynamic response function (mean lag 6 s, SD 1 s).

Based on timing information recorded during the experiment, 12 trial types were defined with regard to Condition (selective auditory attention, selective visual attention, divided attention, control) and Distractor (auditory distractor, visual distractor, no distractor). In addition, 6 nuisance regressors for motion (movement and rotation along three orthogonal axes) and 1 nuisance regressor for instructions (2 s periods of written instruction before the next task) and feedback (3 s periods of written feedback presented after a task) were added to the model. The remaining data were defined as baseline (i.e., periods without experimental stimuli within and between the tasks). Several contrasts were specified to study brain activity related to different tasks and different distractor types.

Differences in brain activity between trial types were analysed using a whole brain $2 \times 2 \times 3$ repeated measures ANOVA with factors Auditory Attention (auditory attention “on”, auditory attention “off”), Visual Attention (visual attention “on”, visual attention “off”) and Distractor (auditory distractor, visual distractor, and distractor “off”). Thus, the factor Auditory Attention included selective auditory attention and divided attention conditions, factor Visual Attention included the visual attention and divided attention conditions, and the factor Distractor had three levels, namely, auditory distractor, visual distractor or no distractor.

In addition, to compare activations associated with auditory and visual attention and to study brain activity associated with divided attention, additional conjunction analyses were performed. To compare activations associated with auditory and visual attention, similar contrasts as in the whole brain ANOVA were formed (for auditory attention, selective auditory attention and divided attention were contrasted with selective visual attention and the control task, and for visual attention, selective visual attention and divided attention were contrasted with selective auditory attention and control task). These contrasts were then subjected to conjunction analysis to reveal significant activation enhancements associated with both auditory and visual attention. To study activity related to divided attention in a similar way as in our previous fMRI study (Salo et al., 2015), we separately contrasted brain activity during the divided attention with activity during the selective auditory and selective visual attention. The resulting statistic images were then entered into conjunction analysis to reveal significant activation enhancements specific to divided attention.

All statistical images were thresholded using voxel-wise significance threshold $p < 0.001$ and cluster size > 50 . The significant activations, corrected at cluster-level according to familywise error correction (FWE) based on the random field theory, are reported in Tables 1 and 2.

4.7. Post-hoc and region of interest analysis

For both post-hoc and regions of interest (ROI) analyses, the mean percent signal changes within a particular voxel cluster during different conditions were calculated in relation to data collected during stimulus-free baseline periods within and between the task blocks. To study activity in the sensory cortices, the data of 13 participants from the localizer runs were analysed with separate general linear model (GLM). Two stimulus-related variables and contrasts for auditory tones and visual checkerboards were defined. Statistical images were thresholded using voxel-wise significance threshold $p < 0.0001$, corresponding a *t*-value of 5.2. The group level data were used to define ROIs in the auditory and visual cortices used for all 15 participants. The mean percent signal

changes in these ROIs during all 12 trial types were collected. To study the effects of attention and distractor type on these activations, a $2 \times 2 \times 3$ repeated measures ANOVA similar to that for whole brain analysis (i.e., with factors Auditory Attention, Visual Attention and Distractor) was conducted.

In addition, to study further effects of divided attention, post-hoc tests were performed in voxel clusters showing significant interaction of Auditory Attention and Visual Attention in the whole brain ANOVA. These voxel clusters were defined in Freesurfer software to cover the voxels showing a significant Auditory Attention \times Visual Attention interaction. For each of these voxel clusters, we calculated the mean percent signal changes for each of the four tasks in relation to the baseline. The activity in these areas during the different tasks was then tested with Bonferroni corrected pairwise comparisons.

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